

# KEEP WALKING - NEPAL

## ANNAPURNA VILLAGES LODGE TREK

- SEE WEBSITE FOR DATES -



This lodge-based trek in the Annapurna Foothills to the view point on Poon Hill offers some of the best scenery in Nepal with accommodation in comfortable family run trekkers' lodges along the way. Enjoy trekking among the spectacular mountain scenery through charming villages inhabited by the Gurung people of Nepal, dense rhododendron forests full of birds and deep sub-tropical valleys all set below the Annapurna range, with the picturesque fluted peak of Machapuchare (Fish Tail Peak) dominating the skyline. The highlight of this trek is the climb up Poon Hill at dawn to enjoy one of the most spectacular mountain scapes on Earth. As the sun touches the snow-capped summits of the Himalayan giants, Dhaulagiri (8,167m/26,788ft) and Annapurna (8,091m/26,538ft) a maze of other peaks slowly begin to appear, like magic, before our eyes. This is a scenic trek that will be enjoyed by lovers of nature and beautiful landscapes. We have planned this trek to allow you to enjoy the beauty of this area at lower altitudes and warmer weather. The trek starts in Pokhara and includes all meals, road transport and English speaking guide with porters to carry your luggage. You are only required to carry a day-pack. It is an easy to moderate trek graduating from 900m(3,000ft) to 2,075m (9,760ft). We walk each day at an easy pace. Duration 9 nights/10 days. Maximum altitude reached is 3,150m (10,500ft) at Poon Hill.

We would be pleased to have you on the journey and to introduce you to our country and ways of life while you travel as part of my extended family.



*Ang Tshering Sherpa*

Family business owner / manager



A 7 day lodge based trek  
Introductory level: general level of fitness  
required – an 'everybody' trek.

### Trip Summary

- Day 1 – arrive Kathmandu: meet and greet
- Day 2 – fly to Pokhara: bus to Khari: trek to Australian Camp
- Day 3 – trek to Landruk
- Day 4 – trek to Gandruk
- Day 5 – trek to Tadapani
- Day 6 – trek to Gorepani
- Day 7 – early climb to Poon Hill: trek to Tirkedunga
- Day 8 – drive to Pokhara
- Day 9 – drive to Kathmandu by bus, (5 hrs)
- Day 10 - trip concludes after breakfast

All meals are included for the 10 days except for lunch Day 1 and Day 9, and any meals on Day 10 required after breakfast.

**Cost: US\$1355 (joining Kathmandu)**

**Includes:** accommodation and most meals, domestic flights and road transport, airport pickup and drop-off. A sleeping bag and kit bag are provided while on trek, plus Sherpas and porters to assist you en-route and carry your gear. A medical kit will be carried by staff.

Single Supplement: additional US\$165

### CONTACT US

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# DAILY MOVEMENTS

## ANNAPURNA VILLAGES LODGE TREK



Day 1 – arrive Kathmandu, where you will be met by our local staff and transferred to your accommodation in Boudhanath. An evening meal will be held together so we can get to know each other.

Day 2 – an early start. Fly Kathmandu to Pokhara, 25mins. Have lunch in Pokhara and Drive to Khari (1hour). We then hike up to our lodge at Australian Camp for the night. (2hrs)

Day 3 – Landruk (elevation 1640m)(5hrs). After a glorious mountain sunrise looking at Annapurna South and the sacred peak of Machapuchare we follow mountain trails through the rhododendron forest to the beautiful village of Landruk. We will have good views of Annapurna South from our lodge accommodation.

Day 4 – Ghandruk (elevation 2050m) (4-5hrs). You can see our destination today across the valley. Leaving Landruk we descend through the rice terraces to the river, crossing the steel bridge we start our ascent up to the village of Ghandruk. Take time to rest and take in the views down the valley.

Day 5 – Tadapani (elevation 2250m) (4 to 5hrs) Today we will be walking mostly in the forest with the gradual uphill till we get the place called Baishekharka and tafter that easy walk through the beautiful big rhododendron forest with the different colour of flowers till we get to Tadapani. overnight at lodge.

Day 6 – Gorepani (elevation 2850m) (4hrs). Ghorepani is a sizeable town with many Tibetan wares on display. There are one or two great bakeries in town.

Day 7 – early morning climb to Poon Hill (elevation 3150m) to see the panoramic views of Annapurna, Dhaulagiri, Lamjung Himalayan ranges as well as sunrise over the Himalayas. Experiencing the great views of Himalayan panorama from Poon Hill, we descend to Ghorepani. After breakfast, continue trek to Tirkedunga (5hrs).

Day 8 – drive to Pokhara (3hours). Tonight is our last night with our crew of porters and Sherpa guides and we will celebrate with a meal together.

Day 9 – return to Kathmandu by bus, (5hrs) rest of day at leisure before joining again for an evening meal.

Day 10 – trek formally concludes after breakfast with transportation to the airport, unless other arrangements have been made..

