

NEPAL TOUR PACKAGE 2 KATHMANDU - NAGARKOT - NAMO BUDDHA

- DATES TO SUIT YOUR NEEDS -



This package-tour provides a delightful insight into Nepal's culture and history as well as taking in some stunning mountain scenery. We tour Kathmandu Valley before travelling to Nagarkot via UNESCO listed Bhaktapur, where you will experience a stunning mountain sunset / sunrise. We then head to Namobuddha, the most famous Buddhist pilgrimage site in Nepal; a place of serenity and amazing scenery to the Himalaya mountain ranges.

This tour package will not require any special level of fitness. It is designed to provide a relaxing and enlightening snapshot of both our country's history and culture and untouched areas of nature.

We invite you to join us for this truly exciting and revealing snapshot of Nepal. You will find it one of life's amazing and memorable experiences.



Ang Tshering Sherpa
Family business owner / manager



Trip Summary

- Day 1 – arrive Kathmandu: meet, greet and move to o'night accommodation
- Day 2 – tour Kathmandu Valley – cultural and historical highlights
- Day 3 – drive to Bhaktapur for sightseeing and after lunch travel to Nagarkot
- Day 4 – drive 50km to Dhulikhel for lunch and scenic views, then 27km to travel to Namobuddha
- Day 5 – half day sightseeing Namobuddha before returning to Kathmandu
- Day 6 – free day in Kathmandu
- Day 7 – trek concludes with transfer to airport

Breakfast included each day, Lunch Days 3, 4 & 5 and Dinner Days 1, 3, 4 & 6

Cost: US\$1180

Includes: all accommodation and some meals, transport, airport transfers, kit bag, Sherpas / guides and entrance fees.

Single Supplement: additional US\$165

A 7 day motel/lodge based sightseeing journey -
Basic level of fitness sufficient

CONTACT US

In Nepal:

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DAILY MOVEMENTS

KATHMANDU - NAGARKOT - NAMO BUDDHA



Day 1 – Arrive Kathmandu, where you will be met by our local staff and transferred to your accommodation. An evening meal will be held together so we can get to know each other.

Day 2 –Our travels commence with transport within the Kathmandu Valley which offers many interesting major historical monuments such as Boudhanath stupa, one of the biggest Buddhist shrines in the world, where we can observe Buddhist monks at prayer. We will also visit Pashupatinath, the most famous Hindu temple in the country, located on the banks of the Bagmati River. Here you will see Hindu holy men (Sadhus) meditating, pilgrims bathing and occasionally funeral pyres burning on the ghats. We will also visit Kathmandu Durbar Square, listed on the World Heritage list. You will be impressed with the wealth of culture in such a small area as you move through this bustling city with our friendly staff. Kathmandu hotel overnight .



Day 3 – Following breakfast we drive to Bhaktapur (14km) and engage a guide to tour this walled historic site. It is an ancient Newar town and is known as the “City of Devotees”, “City of Culture”, Living Heritage” and “Nepal’s Cultural Gem”. It is one of the three royal cities in Kathmandu Valley; the others being Kathmandu city and Patan. It lies on the ancient trading route between India and Tibet. Founded in the 12th century, Bhaktapur was the capital city of the Greater Malla Kingdom until the 15th century and an independent kingdom until the 18th century. Bhaktapur is filled with Hindu and Buddhist religious sites and art. It has a medieval charm and is famous for its wood carvings and architecture.

A city of farmers, Bhaktapur is known for its pottery and weaving. It is the most charming and best preserved city in the valley. Visit intricately carved temples, alleyways and soak up the timeless atmosphere of this place. You will see Durbar Square, the Golden Gate, Palace of 55 windows, Bell of the barking dog, Nyatapole Temple, Bhairavanath Temple, Dattatrya Temple and Pujari Math. In 1934 a major earthquake destroyed over 2,000 houses and severely damaged over 2,000 more. Over 1,000 people died. Restoration of many buildings over the years has been supported by the efforts of Germany and the United States of America. Many festivals are celebrated in the town throughout the year. A few are:-

- *Dushain (Sept/Oct)* – lasting 15 days – honours the goddess Devi Durga. Celebrants perform many pujas (offerings) during this festival, including animal sacrifices.
- *Gai-Jatra, the Cow festival (July/Aug)* – focuses on families in bereavement.
- *Bisket Jatra – Nepalese New Year (April)* – chariots are pulled thru the streets and tug-o-wars determine who will be blessed with good fortune for the coming year.
- *Tihar, festival of lights* – honors Laxmi, goddess of wealth. Nepalis light up their homes with candles, oil lamps and other lights to invite the goddess in.

After lunch we drive to Nagarkot (14km) to take in the magnificent mountain views and relax as we watch a stunning sunset over these mountains. We will overnight in a lodge in the town which lies 32km east of Kathmandu city at an altitude of 2175m, and is famous for its spectacular sunrise and sunset views of the Himalayas.



Day 4 – We suggest you rise early and watch the sun light up the Himalaya range. After breakfast we drive 50km to Dhulikhel. Stopping here for lunch, you have time to take in the lush terraced hills that stretch infinitely to the Himalaya mountain ranges: stark–dazzling–white against blue skies, make sure you have your camera ready. We then travel on to Namobuddha (27km). Lodge accommodation overnight.

Day 5 – We spend the morning enjoying the views and visiting the monastery at Namobuddha. Namobuddha meaning “hail to the Buddha” is a sacred site, where according to legend Buddha sacrificed his body to feed a starving tigress and her cubs. A carved stone slab at the main stupa depicts this story. In the past people found it difficult to travel through the region for fear of all wild animals, so they developed the practice of reciting “Namobuddhaya” (I take refuge in the Buddha) to dispel their anxiety. To this day, locals call the area Namobuddha. A dirt road (suitable for 4WD vehicles) leads up to Namobuddha from Dhulikhel. An alternative trail returns, descending through a forest and heading west along a valley to Panuati (8km). Time now to make our way back to Kathmandu.

Day 6 – Free day in Kathmandu. Additional excursions can be arranged if desired. We will meet together again in the evening for a farewell Nepali dinner. Overnight at hotel.

Day 7 – Trip concludes with transfers to international airport.

NB You will need to depart for the airport 3hrs before the time of your scheduled flight.

***Components of this trip are available on request, contact us for prices and further information.**